



FINGER LAKES RUNNERS CLUB
BOARD OF DIRECTORS MEETING

October 14, 2020 at 5:32 PM
Virtual meeting held via Zoom

Attendance

- **Present:** Sue Aigen, Mike Allinger, Heather Cobb, Pete Dady, Adam Engst, Tonya Engst, Charlie Fay, Jullien Flynn, Nancy Kleinrock, Gary McCheyne, Mickie Sanders-Jauquet, Steve Shaum, Charlie Trautmann, Gerrit Van Loon, Bill Watson
 - **Absent:**
 - **Club members and guests:**
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Introduction (5:32–5:35)

- Welcome of the board
 - Revisions to the agenda
 - Acceptance of the [September meeting minutes](#)
 - Minutes are accepted by the board.
 - Acknowledgements:
 - Congrats to Bill Watson and his new bride, Kate.
 - Thanks to Charlie Fay for his work on the Governance Committee policies to be presented this evening.
 - Thanks to Pete K. for his work on the unofficial Danby DnD and for testing RunGo.
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Reports & Discussion (5:35–7:00)

Finance (Mike Allinger)—5 minutes

- Report on [the club's financial position](#) as of September 2020 (Mike)
 - The Finance Committee is working on the 2021 budget, with two scenarios: one with races and one without races.
 - Regardless, the club will be responsible for expenses associated with RRCA and USATF membership dues, as well as other fixed expenses, such as the storage unit.
 - Even without races, FLRC membership dues will provide income to the club.
 - There is no good way to predict what 2021 will bring.
- Nothing else of significance; [see the notes on the last meeting](#).

Diversity (Jullien Flynn)—3 minutes

- The Diversity Committee is working on diversity statement and first-timer's FAQs.
 - Progress is being made on both of these documents, with the first-timers' document currently covering an introduction of what to expect at track meets.

Communication (Adam Engst)—2 minutes

- [FLRC Forum FAQ](#) is ready to start distributing unless there are additional questions; none are expressed.

Nominating (Nancy Kleinrock)—10 minutes

- Report on board and race director retention (Nancy)
 - The Nominating Committee has no updates aside from these listed here regarding Pete D. and Joel.
- Confirmation on Pete Dady with regard to the board and Joel Cisne as race director (Nancy)
 - Pete will remain on the board as member at large, and Joel will remain as RD for Thom B.
- Social media position is still up in the air; Nick Ruiz declined (Adam)

- Adam would like suggestions for someone who might be good to fill this role; perhaps Pete K. could solicit someone from those who are active in the Facebook group.
- Gerrit asks Bill whether Kate might be willing to step into this role, given that she is the Twitter front for Cornell Arts and Sciences; Bill will discuss this with her.
- Next steps regarding a new race director for Skunk Cabbage (Adam)
 - Currently, we have no lead on a race director; all board members should ponder on possible RDs.

Events (Gary McCheyne and Adam Engst)—15 minutes

- Bodyweight classes in the future (Gary)
 - With colder weather coming, fall and winter are suboptimal for outdoor classes; the board can consider resuming the bodyweight class in the spring.
- Report on Jason Tuori's *FLRC Presents: Risk Factors for Running Injuries* talk (Adam)
 - 42 signups, 24 attendees, 31 views on YouTube so far
 - Nine survey responses
 - Overall positive, though deemed somewhat too general.
 - 100% interest in more talks, particularly on specific injuries, i.e., those that survey responders suffer from.
 - No one encountered technical problems.
 - The Q&A portion was considered particularly valuable to participants.
- Next *FLRC Presents* with Jason scheduled for October 29, 2020, 6:30 pm, on runner's knee/patellofemoral syndrome (Adam); it is anticipated that additional injury-focused events will follow.

Governance (Charlie Trautmann)—20 minutes

- The Governance Committee will bring two policies to the board tonight; both entail a new position of Compliance Officer to oversee follow-up should any incidents arise, noting that no such incidents have been brought to the board in the past.
- Discussion of the addition of a Compliance Officer position, noting that this also requires reopening the [Conflict of Interest policy](#) to replace the President with the Compliance Officer as the responsible official.
 - **Motion:** Adam moves that FLRC establish the position of Compliance Officer for the purposes of having a specific person to manage whistleblower reports, oversee records management, investigate conflicts of interest, and other such duties as assigned by the board. Seconded.
 - Discussion:
 - Gary asks whether a new position must be established within the bylaws, which would entail a vote of the club's membership.
 - According to the current bylaws, many positions are appointed by the board, rather than being elected positions; the intention is definitely to stipulate the position of Compliance Officer in the bylaws revision.
 - Passes unanimously.
- Nomination of Charlie Fay to assume the position for the remainder of 2020 (Adam)
 - **Motion:** Adam moves that FLRC name Charlie Fay as FLRC Compliance Officer for the remainder of 2020. Seconded.
 - Unanimously passes, with one abstention.
- Discussion of Whistleblower Protection Policy draft
 - This policy is a statement that people associated with the club may report to the Compliance Officer—or any other member of the club (including any board member) who then is to bring the complaint to the Compliance Officer—any complaint without fear of retribution.
 - **Motion:** The Governance Committee moves that FLRC adopt the Whistleblower Protection Policy as created by the Governance Committee.
 - Unanimously passes.
- Discussion of the Records Management and Retention Policy draft

- This policy considers what documents/records we wish to retain and how long to retain them (e.g., we wish to retain historical records indefinitely); the table in the policy specifies the *minimum* period for retaining any given type of document.
- **Motion:** The Governance Committee moves that FLRC adopt the Records Management and Retention Policy as created by the Governance Committee.
- Discussion:
 - Gary notes that race registrations need to be retained seven years, or seven years beyond a minor participant turning 18.
 - Bill believes that the statute of limitations on negligence resulting in accident in NYS is three years, and Sue notes that children have one year after turning 18 to make a claim.
 - Charlie F. asks whether there is a way to flag minor registrants to retain their registrations for an extended period.
 - Tonya notes that it is likely that there are stipulations in our RRCA insurance policy to which we must adhere; Mickie notes that RRCA requires documents be retained for seven years after the minor reaches 18 years.
 - Adam amends the policy to read, in this regard, “retain registrations for seven years or, for minors, for seven years after the minor reaches the age of majority.”
- The amended motion passes unanimously, with one abstention.
- The Governance Committee will next work on policies and statements regarding privacy, ethics, harassment, and diversity.

Strategic Planning (Adam Engst, Pete Kresock, Heather Cobb)—30 minutes

- Virtual Turkey Trot proposal (Adam)
 - Bruce Roebal is excited to do a virtual, five-mile version of the Turkey Trot in 2020 to raise funds for Loaves & Fishes, although without the prediction run element as in normal years.
 - Registration will be required to properly funnel income to Loaves & Fishes.
 - Bruce is working on details and commencing PR.
 - **Motion:** Adam moves that FLRC put on a virtual version of the Turkey Trot to raise money for Loaves & Fishes. Seconded.
 - Unanimously passes.
- Report on MITHACAL MILERS cross-country workouts (Adam)
 - 25 signups, 18 people have come to at least one, 12 on average
 - Response has been highly positive, and safety precautions have been fine
 - Two more sessions are planned, but with the transition to standard time, holding such sessions will become problematic.
- Discussion of restarting Saturday group runs on the Black Diamond Trail, using our FLRC safety precautions (Heather)
 - With COVID cases on the rise in the county, concern is rising somewhat about holding an organized event; Heather personally feels comfortable to run with others using safety precautions.
 - Nancy notes that the Black Diamond Trail is fairly busy on weekend mornings, while the Dryden Rail Trail beginning at Stevenson is less heavily trafficked.
 - Putting aside the matter of location, if a good one were to be found, what is the sense of the board regarding holding every-other-Saturday out-and-back runs?
 - Sue expresses concern about upticks in cases in neighboring counties, most notably Broome and Cortland.
 - The sense of the board is decidedly iffy.
 - Heather is willing to try it, with the stipulation that she might pull back if it feels unsafe to her.
 - Heather will post unofficial group runs that will follow the publicized FLRC safety precautions.
- Proposal for Simon Says/Scavenger Hunt (Pete K. and Heather)
 - Pete has decided that he is too busy to follow through, but Heather will move forward on her own.

- The challenge is to settle on one or more platforms for submitting photos of the things they have found.
 - Heather has suggested the use of a Google form where people could submit their name, item, and photo for tracking items people find on their hunt.
 - A drawback with submitting through a Google form is that other participants can't see what each other are finding.
 - Adam suggests posting photos through the forum to encourage engagement.
- More discussion will ensue, with a goal of commencing the hunt within a few weeks.
- Summary of the Race Calendar meeting—[see the full notes too](#) (Adam)
 - There was some interest in replicating Winter Chill at another time of year.
 - Skunk Cabbage needs a new race director.
 - Twilight 5K will be staged out of Stewart Park, instead of Ithaca High School.
 - Lorrie Tily and Chris Irving are taking over Women's Distance Festival, with the idea of moving it back to Dryden Lake and setting a new date. It might also get a new name.
 - Adam suggested a pancake breakfast associated with Fillmore 5K to encourage more participation and raise more money.
 - Forge the Gorges will return to Thursday night and may use a new multi-purpose trail.
 - There was vague discussion about new locations and dates for Ithaca 5&10, in part as a way to get the distances back to 5 and 10 miles.
 - Pete Dady might be bringing a new ultra race to FLRC.
- Update on FLRC Course Collection Challenge virtual race series for 2021 (Adam)
 - The concept here is over the course of the year for people to run all of our courses and submit their times; Adam sees this as a competitive "event," including a team element.
 - He is working on the technology and will share more going forward.
- Discussion about how to present our 2021 race calendar, given that we don't know which races we'll be able to hold (Adam)
 - The board will have to decide on race dates and on how to propose our calendar—and the provisionalism of it.
 - The question is whether to put forward the calendar as likely vs. unlikely to happen.
 - It is suggested to establish a race calendar and qualify each race with a statement that it will only be held if considered safe for the specified date.
 - Race directors should specify desired dates for their races; the VPs will be in touch with their respective RDs.

Web/Tech Team (Adam Engst)—No report necessary

- Discourse community engagement report
 - Currently has 726 users (up 7), 222 posts in the past 30 days (up 50), and 9400 pageviews (up 1400)

Membership (Adam Engst)—No report necessary

- [Members](#): 595 members, down from 613 at this time last year
- Memberships: 363 memberships, down from 390 last year
- [Breakdown](#): 265 individual, 328 family members

Philanthropy (Mickie Sanders-Jauquet)

- No activity on which to report.

Road, Trails, Track (Mickie Sanders-Jauquet, Gary McCheyne, Adam Engst)

- No activity on which to report.

Equipment (Gary McCheyne)

- No activity on which to report.

Volunteer (Sue Aigen)

- No activity on which to report.

Gary moves to adjourn at 7:00 pm; seconded, and unanimously approved.

Planned 2020 Board Meeting Dates

- Nov 11, 2020
- Dec 9, 2020