

FLRC Lending Library

Title	Author	Date	In Office	In Storage
1960 United States Olympic Book	Lentz, Arthur ed.	1961	✓	
1999 Boston Marathon: Media Guide	NA	1999		✓
26.2 Marathon Stories	Switzer, Katherine & Robinson, Roger	2006	✓	
50/50: Secrets I Learned Running 50 Marathons...	Karnazes, Dean	2008	✓	
A Beautiful Work in Progress	Valerio, Mirna	2017	✓	
A Long Way Gone	Beah, Ishmael	2007		✓
A Victory for Humanity	Traum, Dick & Celizic, Mike	1993	✓	
Aerobics Program for Total Well-Being	Cooper, Kenneth	1982		✓
African Running Revolution, The	Prokop, Dave	1975		✓
Again to Carthage	Parker, John L. Jr.	2007	✓	
Agony of Victory	Friedman, Steve	2007	✓	
America's Ultimate Challenge: Pikes Peak Marathon	Fricker, Harald	2005	✓	
Athletic Women's Sourcebook, The	Graham, Janis	1999		✓
Barefoot Running Book	Robillard, Jason	2011	✓	
Barefoot Running Step By Step	Saxton, Ken Bob & Wallack, Roy M.	2011	✓	
Beauty of Running, The	Barron, Gayle	1980		✓
Beyond the Marathon	Boeder, Robert B.	1996	✓	
Boom!: Forty Years of Running with the RRCA	Various	1998		✓
Boston Marathon & Beyond	Benyo, Richard ed.	2006	✓	
Boston Marathon: 100 Years of Blood, Sweat and Tears	Triumph Books	1996		✓
Boston Marathon: History	Derderian, Tom	1994	✓	
Boston Marathon: The First Century	Derderian, Tom	1996		✓
Boston: A Century of Running	Higdon, Hal	1995	✓	
Boys in The Boat, The	Brown, Daniel J.	2013	✓	
Chi Walking	Dreyer, Danny & Dreyer, Katherine	2006		✓
Chi Running	Dreyer, Danny & Dreyer, Katherine	2006	✓	
Chi Running Pain-Free	Dreyer, Danny & Dreyer, Katherine	2010	✓	
Chi Walking	Dreyer, Danny & Dreyer, Katherine	2006	✓	
Chicken Soup for the Soul: Runners	Canfield, Jack et. al.	2010	✓	
Children's Running: A Guide for Parents and Kids	Kardong, Don	1989		✓
Coaching Evelyn: Fast, Faster Fastest...	Connolly, Pat	1991		✓
Coaching Young Athletes	Martens, Rainer	1981		✓
Competive Runner's Handbook	Glover, Bob	1983		✓
Complete Triathlon Book	Fitzgerald, Matt	2003	✓	
Courage to Start, The	Bingham, John	1999	✓	
Cross-Country Techniques Illustrated	Canham, Don	1953		✓
Crossing Boundaries	Bandy, Susan ed.	1999		✓
Daniel's Running Formula	Daniels, Jack	1998		✓
Endure	Hutchinson, Alex	2018	✓	
Extra Mile, The	Reed, Pam	2006	✓	
Finding Their Stride	Pont, Sally	1999	✓	
Fitness After Forty	Higdon, Hal	1977		✓
Fragile Champion, The	Foreman, Ken	2005	✓	
French Revolutions	Moore, Tim	2001	✓	
From Fairbanks to Boston	Gaasund, Michaela & Dexter, Renee	2005	✓	

FLRC Lending Library

Galloways Book on Running	Galloway, Jeff	1994	✓	
Games of the XXIII Olympiad Los Angeles 1984	Various	1984		✓
Girl Who Wanted to Tun the Boston Marathon, The	McKay, Robert	1979		✓
Golden Milers, The	Giller, Norman	1982		✓
Guide to Distance Running	Anderson, Bob ed.	1971		✓
Handbook for Coaching Cross-Country and Running Events	Colfer, George	1977		✓
Hartshorne Memorial Masters Mile: 20th Anniversary	NA	2000		✓
How to Train for and Run Your Best Marathon	Bloch, Gordon Bakoulis	1993		✓
Ice Bound: A Doctor's Incredible Battle...	Nielsen, Jerri	2001		✓
In Quest of Gold: The Jim Ryun Story	Ryun, Jim & Phillips, Mike	1984	✓	
Inside the World of Big-Time Marathoning	Lebow, Fred & Woodley, Richard	1984	✓	
It's Always Something	Radner, Gilda	1989		✓
It's Only a Mountain: Dick & Rick Hoyte, Men of Iron	Nall, Sam	2002	✓	
Jami Goldman Story: Up and Running	Goldman, Jami & Cagan, Andrea	2001	✓	
Jim Fixx's Second Book of Running	Fixx, Jim	1980	✓	
Joan Samuelson's Running for Women	Samuelson, Joan & Averbuck, Gloria	1995	✓	
Joe Henderson's Running Handbook	Henderson, Joe	1985		✓
Jogging: A Medically Approved Physical Fitness Program (x2)	Bowerman, William	1967		✓
Joy of Running, The (x2)	Kostrubala, Thaddeus	1976		✓
Lance Armstrong: Every Second Counts	Jenkins, Sally	2003		✓
Lance Armstrong: Record Breaking Six-Time Winner...	Jenkins, Sally	2000		✓
Like the Wind	Freeman, Simon		✓	
Loneliness of the Long-Distance Runner	Stillitoe, Alan	1959	✓	
Long Distance Runner: A Definitive Study	Milvy, Paul	1977		✓
Luck of the Draw	Daniels, Jack	2014	✓	
Marathon and Beyond: Vol. 1, Issue 1	Benyo, Richard ed.	1997		✓
Marathon and Beyond: Vol. 1, Issue 2	Benyo, Richard ed.	1997		✓
Marathon and Beyond: Vol. 1, Issue 3 (x2)	Benyo, Richard ed.	1997		✓
Marathon and Beyond: Vol. 1, Issue 4 (x2)	Benyo, Richard ed.	1997		✓
Marathon and Beyond: Vol. 1, Issue 5 (x2)	Benyo, Richard ed.	1997		✓
Marathon and Beyond: Vol. 1, Issue 6	Benyo, Richard ed.	1997		✓
Marathon and Beyond: Vol. 2, Issue 2	Benyo, Richard ed.	1998		✓
Marathon and Beyond: Vol. 2, Issue 4	Benyo, Richard ed.	1998		✓
Marathon and Beyond: Vol. 5, Issue 2	Benyo, Richard ed.	2001		✓
Marathon and Beyond: Vol. 5, Issue 4	Benyo, Richard ed.	2001		✓
Marathon and Beyond: Vol. 6, Issue 1	Benyo, Richard ed.	2002		✓
Marathon and Beyond: Vol. 6, Issue 5	Benyo, Richard ed.	2002		✓
Marathon and Beyond: Vol. 9, Issue 2	Benyo, Richard ed.	2005		✓
Marathon: The Runners and the Race	Giller, Norman	1983		✓
Marathoners, The	Higdon, Hal	1980		✓
Marathoning	Rodgers, Bill	1980	✓	
Marathoning	Steffny, Manfred	1979		✓
Marion Jones: Life in the Fast Lane	Jones, Marion	2004		✓
Mary Decker: Speed Records and Spaghetti	Jacobs, Linda	1975		✓
Masters of the Marathon, The	Benyo, Richard ed.	1983		✓
Mountain Biking for Women	Stuart, Robin	1994		✓
My Dad Is An Ironman	Hoese, Ray	2004	✓	

FLRC Lending Library

New Aerobics, The	Cooper, Kenneth	1970		✓
New York City Marathon Cookbook, The	Clark, Nancy	1994		✓
New York City Marathon: Twenty-Five Years	Gambaccini, Peter	1994		✓
No Finish Line: My Life As I see It	Runyan, Marla	2001	✓	
No Horizon is So Far	Arnesen, Liv	2003		✓
Non-Runner's Book, The	Ziegel, Vic	1978		✓
Older, Faster, Stronger	Webb, Margaret	2014	✓	
Olympic Portraits	Leibovitz, Annie	1996	✓	
On The Run	Waitz, Grete & Averbuck, Gloria	1997	✓	
On the Run From Dogs and People	Higdon, Hal	1971		✓
Once A Runner (x2)	Parker, John L. Jr.	1990	✓	
Oprah Winfrey Speaks	Lowe, Janet	1998		✓
Paula: My Story So Far	Radcliffe, Paula	2004	✓	
Personal Record: Alove Affair with Running	Toor, Rachel	2008	✓	
Pikes Peak Country	Scott, Jim	1994		✓
Pre!	Jordan, Tom	1977	✓	
Quotable Marathoner, The	Lyons, Charles ed.	2001	✓	
Quotable Runner, The	Will-Weber, Mark ed.	1995	✓	
Quotable Runner: Revised and Updated	Will-Weber, Mark ed.	2001		✓
Road Racing for Serious Runners: Multispeed Training	Pfzinger, Pete	1999		✓
Run Farther Faster	Henderson, Joe	1984		✓
Runners & Other Dreamers	Parker, John L. Jr.	1989	✓	
Runner's Book of Daily Inspiration	Nelson, Kevin	1953	✓	
Runner's Guide to Cross Country Skiing	Mansfield, Dick	1990	✓	
Runner's Literary Companion, The	Batista, Garth ed.	1994	✓	
Running & Philosophy: Marathon for the Mind	Austin, Michael ed.	2007	✓	
Running and Walking for Women Over 40	Switzer, Katherine	1998	✓	
Running For Your Life	Hoffman, Bob	1967		✓
Running in Literature: Guide for Scholars, Readers ect.	Robinson, Roger	2003		✓
Running Injury Free	Ellis, Joe	1994		✓
Running the Lydiard Way	Lydiard, Arthur & Gilmour, Garth	1978	✓	
Run: The Mind Body Method of Running by Feel	Fitzgerald, Matt	2010	✓	
Running with Syle	Runner's World Magazine	1975	✓	
Running with the Buffaloes	Lear, Chris	2003	✓	
Running with the Legends	Sandrock, Michael	1996	✓	
Running Women: First Steps	Gibble, Henly	1992		✓
Self Coached Runner II: Cross Country & Shorter Distances	Lawrence, Allan	1987		✓
Slaying the Dragon	Johnson, Michael	1996		✓
Sole Sisters: Stories of Women and Running	Lin, Jennifer	2006		✓
Sometimes it Makes You Wonder	Orezeck, Richard	2003	✓	
Sport Shots	Wolff, Paul	1937	✓	
Sports Activities for Girls and Women	Barnes, Mildred	1966		✓
Stretching	Anderson, Bob	1980	✓	
Superstar's of Womens Track (x2)	Sullivan, George	1981		✓
Sure Footing: A Sport's Podiatrist's Perspective...	Julien, Perry	1993		✓
Swim, Bike, Run	Town, Glenn & Kearney, Todd	1994	✓	
Tai Chi Handbook	Kauz, Herman	1974	✓	

FLRC Lending Library

The Throws: Contemporary Theory, Technique & Training	Jarver, Jess	1994		✓
Track and Field Techniques for Girls and Women, 3rd Ed.	Foreman, Ken	1977		✓
Training for Ultra	Steger, Bob	2019	✓	
Training Games, 2nd Ed.	Anderson, Eric	1996		✓
Tread Lightly	Larson, Peter & Katovsky, Bill	2012	✓	
U.S. Official Physical Fitness Program	Wilkinson, Bud			✓
Ultra Marathon Man	Karnazes, Dean	2005	✓	
Ultra-Marathoning: The Next Challenge	Osler, Tom	1979		✓
Uncommon Heart	Audian, Anne & Parker, John L. Jr	2000	✓	
Why Run?: Running for Health, Fun and Fitness	Kardong, Don	1996		✓
Wilma Unlitmited	Krull, Kathleen	1996	✓	
Women's Running (x2)	Ullyot, Joan	1976		✓
Zendurance	Eversfield, Shane	2003	✓	