



## FINGER LAKES RUNNERS CLUB

### BOARD OF DIRECTORS MEETING

September 9, 2009 5:30pm

261 Rhodes Hall, Cornell University

President Lorrie Tily called the meeting to order at 5:35pm.

**Present:** Board members Shelly Marino, Lorrie Tily, Chris Irving, Michael Wunsch, Maria Costanzo, Gary McCheyne, Joe Reynolds, Pat Gillespie, Tim Ingall, Karen Grover, Casey Carlstrom, Bob Talda, Andrew Jordon, Melissa Hubisz; and FLRC member Riley Hubisz.

**Additions/deletions to the agenda:** No additions or deletions.

**Approval of the August Meeting Minutes:** Minutes were approved.

#### Race reports

August Track Meet: Tim said that it went well, and there were many kids participating.

FLRC Picnic and Run: Lorrie pronounced the picnic a success, and said that Kiko Alvarez has agreed to direct it again next year. The extra hamburgers were used at the Madness. Gary suggested that the picnic be held later in the day, perhaps at 4pm. This was discussed, but no decision was reached. Kiko will need to weigh in on time and date for 2010.

Mountain Madness: Joe, who also brought a Thank you card for the board to sign for Jackie Hoch, who has helped tremendously at many races this year, said that participants described the race as "everything they expected and then some." There were a lot of hills. Joe will direct the race again next year. Karen suggested that the 14k race should go in the opposite direction next year. Bob Talda suggested that the date be set so it doesn't conflict with the Cayuga Lake Triathlon. The race was a financial success, earning a \$284 profit.

Monster Marathon: Tim and Karen did a great job. Karen reported that the first 6 marathon runners to reach the rock pile found no support, which was unfortunate. The bee issue was huge - many runners were stung, some multiple times. Jill Fickbohm's EpiPen saved the day for Jay Hubisz, who then rode in an ambulance to the hospital. He's doing fine now. Providing Benadryl in the first aid kit was discussed.

#### Upcoming Races/Events

Ithaca 5 & 10: Karen has received 68 pre-entries for the 10 mile, and about 100 for the 5 mile, and has just received lots more envelopes to open. The IC Women's Lacrosse team will be running. No iPods or Baby Joggers will be permitted. Either will result in a DQ. There appear to be enough volunteers for the water stops. More are always welcome. Karen took the race numbers to Pat Leone. He'll probably be providing disposable timing chips this year. Karen was unable to get the usual "activities room" at the high school due to construction, but is confirming with the high school that we will have the use of the gym. Yvette deBoer and Liz Vance will direct the kid's Fun Run.

Danby Down & Dirty: Dave Burbank was not present. Bob Talda will ask him about preparations when he sees him at the fire station.

**Finances** – Renee was not present, but provided spreadsheets for the board. We're in good shape, and all races are making a profit. Karen noticed that Joel's race didn't include the cost of the van that he rented. Joel will be encouraged to turn in all receipts.

**Membership** – Melissa reported that FLRC currently has 150 family, 111 individual, 24 life, 7 comp and 2 team memberships, for a total of 294 (one less than last month).

**Newsletter** – Pat is working on the September issue, and expects it to be out in a week or so. The CU Printshop has been printing the newsletter, saving us \$40/issue.

**Other issues** – Karen brought up the issue of t-shirts. She suggested that we design one shirt with the dates of all the 2010 trail races on it, sort of like a band's tour dates. No decision was reached at this time.

**Web Page** – Casey said that all is status quo. Karen asked him about uploading the Monster results from the spreadsheet she'd created. He said that this should be easy to do.

**Equipment** – Joe reported as Chris Reynolds was not present. He is looking into the purchase of a generator to run the big clock. A bigger model might be useful if it were used for powering additional equipment in the forest. Casey thought that a Coleman gas lantern could provide sufficient light in the forest.

Joe reminded race directors that all trail markers (arrows and ribbons) need to be removed after each race.

Tim asked if Joe needs to ask the board before he lends FLRC's equipment for non-FLRC races. It is thought that there is a written policy allowing him to do this at his discretion, but we were unable to find this policy during the meeting.

**2010 Calendar:** See attached calendar.

The date for Hartshorne, 1/23/10, was added.

Track meet dates are correct.

Skunk will be held on Palm Sunday rather than Easter. Lorrie will email Suzy Myette re a possible conflict with the Forks XV.

Thom B: Evan not present

RecWay: Melissa and Jay Hubisz will direct it. She'll check on IC's graduation date, which might be difficult because of traffic on South Hill, and will get back to the board with a definite date.

Tortoise: KC Bennett will direct it on 6/5, and Becky Harman will assist her.

June Track Meet date is TBD.

Twilight will be 6/16. Maria will check with the school. She and Gary will direct.

Forge will be 6/24, and Joel Cisne will direct.

FL 50s will be 7/3, with Chris Reynolds in charge.

July Track Meet date TBD.

Women's Race will be 7/8. Chris Irving and Sue Aigen will co-direct.

Frolic will be 7/18 with Steve Ryan in charge.

Fillmore will be 7/24, directed by Tina Slater and Jim Miner.

FLRC Picnic: Lorrie will ask Kiko to choose the date.

Madness will be 8/15, with Joe Reynolds in charge.

Monster will be 9/5, headed by Karen and Tim.

5 & 10 will be 9/12, also headed by Karen and Tim.

Danby will probably be 10/10. Must confirm if Dave Burbank will direct it.

Turkey Trot will be 11/25, directed by Bruce Roebal.

Lorrie will incorporate the changes made in the original document, and will send out a revision.

## **Other Vice President's Business**

Trails: Joe said that Wilderness Search and Rescue worked with the Virgil Volunteer Fire Dept on Jay's rescue. S&R's focus is our event, while Virgil VFD's focus is Virgil – they would need to leave us if a fire occurred elsewhere in their district. Karen noted that Cortland and Marathon were actually the first to respond, not Virgil. No more discussion was needed, as the board agreed that we will continue to work with S&R.

Track: Tim emailed Joe and Chris a list of equipment he'd like to keep over the winter.

Roads: No report.

## **Other Business**

Location for future board meetings: Pat said that he could continue to schedule 261 Rhodes Hall for our use.

Election of officers for 2010: If there will be no October board meeting, then a slate of officers must be presented to the board at the November meeting. Shelly will come up with a slate of officers.

Archives: Lorrie emailed Elaine Engst to establish a date for a 5pm weeknight tour of the Kroch collection, but hasn't heard back yet. Herb Engmann has volunteered his home for doing the archiving.

**Next board meeting will be held on Wednesday, November 11, 2009.**

**Meeting adjourned at 7:10 p.m.**

Submitted with all due respect by Shelly Marino