

6/11/08 – FLRC Board Meeting

Board Members Present: PJ Peterman, Tim Ingall, Karen Grover, Katie Stettler, Joe Reynolds, Evan Kurtz, Lorrie Tily, Kate Supron, Renee Kenney

Guests: Aaron Lambert

Minutes: Renee Kenney

Additions or deletions to the agenda – None

Approval of March Meeting Minutes – Renee Kenney stated that the comp memberships were incorrectly reported at 11, they should be 10

Race Reports –

- Rec-Way 10K – Josh and Van Cross were not at the meeting. Katie Settler reported that she was present at the race and it appeared to go very smooth, with no noted problems, estimated almost 100 attendees, and receipts have been submitted. Finger Lakes Running Club gift certificates were given as prizes.
- Tortoise and Hare Trail Run – KC Bennett and Tessa Bauer Dumont were not at the meeting. Joe Reynolds and Katie Settler stated that there were over 100 participants, which was more than expected. Only problem with the race was they ran out of race numbers.
- Thom Bugliosi Trail Run – Evan Kurtz reported that he provided details of the race at the May board meeting, however, he was now able to report that the race cleared \$612, there were 92 registered participants and 89 finishers

Upcoming Races –

- Summer Track Series – Tim Ingall confirmed that the July race will be held at the Dryden High School track. He is primarily set for the race. He still has not confirmed a location for the August meet.
- Finger Lake Fifties – Joe Reynolds reported. It is the 20th anniversary. There will not be a chicken BBQ this year. Joe Marnell is doing the cooking. They are still in need of volunteers. Working on obtaining sponsors. Have identified Hammer Nutrition Joe was happy with how pre-registration was going. They currently have 27 people registered for the 50 mile. One of the registrants is a 15 year old female who has ultra experience, her mother will also be running. They are still looking for FLRC members to register. Joe was very pleased with the shirts, “hot”. The camp ground has been reserved for July 3rd – 5th. The porta potties to be delivered July 3rd. There will be a run through the weekend before. He is hoping that people not familiar with the course will show up to the run through to

ensure the course is adequately marked. **Joe stressed that they absolutely need all the equipment back as it is all used for this event.**

- Women's Distance Festival – Chris Irving was not available, however, Lorrie Tily was able to provide an update. Prizes have been ordered, T-shirt design in process, waiting for a call back from Kendra on cookie order. Looking for volunteers to mark the course. Waiting to hear back from Jim for pre registration numbers.
- Ithaca 5 & 10 – Karen Grover provided an update. She is working on obtaining confirmation from the major sponsors. Lorrie suggested that Karen receive a confirmation from EMS. Conversations continued regarding sponsors, (e.g. – indicating “last year sponsors” and indicating who has confirmed.
- Live Like Liz – Katie Stettler wanted to extend “kudos” to the race directors and Joe.

Finances – Income statement, Income Statement by Class and Balance Sheet were distributed. Katie Stettler went over the highlights. The club has the following liquid assets: Cash – \$12,929, Scholarships - \$5,303, and Investments - \$7,278

Membership – reported by Renee Kenney. Complimentary 10, family 201, individual 141, Life 26, team 4. Complimentary, Life, and Team numbers did not change from last month. Family was up by 5 and individual was down by 4. Renee confirmed that reminder emails go out to expired members twice.

Web Page – Casey Carlstrom was not at the meeting. No update.

Equipment – Report by Joe Reynolds. Joe had three points to discuss:

- 1) Wanted people to know they could request mileage reimbursement from the club for the miles driven to and from their house to pick up/drop off equipment. Katie Stettler asked people to be sure to provide sufficient backup documentation (e.g. – total miles driven, begin point, end point, and business purpose of the trip.)
- 2) Requested that race directors ensure that the equipment is promptly returned
- 3) Please use his home phone, cell phone reception is not clear and the phones are not always on. Home phone number is 607-564-1804.

FLRC 40th Anniversary Committee – Report by Evan Kurtz. Evan distributed a DRAFT flyer for the 40th Anniversary Dinner. The flyer was reviewed by meeting participants. Several suggestions on language and format were discussed. The most significant change discussed was the removal of the Iroquois Trails Ultras listing from the FLRC 2008 Race Calendar. Katie Settler and Lorrie Tily both stressed their support for Ian, but suggested that the list only reflect actual FLRC events. There was no disagreement from anyone.

A question was raised regarding shower facilities. Joe stated that showers are available at the lower park near the swimming area.

Conversation continued on the best way to distribute the information. It was decided that Evan would update the flyer based on comments received at the meeting and forward to Renee Kenney. Renee volunteered to print Race Registration forms for all of the upcoming 2008 FLRC events. Lorrie volunteered to pull together a few pages of updates from the President and Vice Presidents (by next week). Renee to combine 1) 40th Flyer; 2) Race Registration forms; and 3) Lorrie's update and do a mailing to all FLRC members. The goal is to have the mailing out by July 1st.

Ithaca Festival Mile – Report by Lorrie Tily The certification came through. The volunteers are lined up. Alan is responsible for organizing the heats. The quarters should be marked. Ian is responsible for the finish line and chip removal. Torrey and Joel are responsible for the FLRC float. Lorrie asked for volunteers to ride on the float (be sure to wear FLRC attire). Club to spend \$50 - \$60 on candy to throw from the float.

Miscellaneous

- **Newsletter** - Katie Supron suggested that in lieu of a monthly newsletter, the club might want to consider a FLRC blog. This will be discussed in further detail at the next meeting.
- **Ithaca Youth Bureau** - Katie Stettler would like the club to consider donating \$1,000 a year for the next 5 years to the Ithaca Youth Bureau. She will bring this up at the next meeting when there is a quorum. Currently there are 45 children participating and another 40 on the waiting list. Liz spends \$4,000 a year to keep the event going. Katie stressed that the club should be more visible in the community and support healthy lifestyles. Evan asked Katie to “work” the numbers for the next meeting.
- **Triennial Relay Race** – Katie Stettler stated that she assumes the club is covering this event. It is being run as a training event and is covered under the club's insurance. Money is not being collected for the race, but it will probably be collected for the after party. Katie suggested that the club cover the cost of Gatorade, water & ice for safety reasons for all training runs if requested. After further discussion, attendees agreed that it made sense to provide Gatorade, water & ice for race run throughs of FLRC events. The purpose of this is to ensure safety.
- **Aaron Lambert** (guest) – He will be at the Ithaca High School track Thursday mornings at 6:00 a.m. for speed/tempo work. He wanted to speak to the club to encourage participation. All levels encouraged to attend.
- **Scholarship Fund** – Evan asked if the finance committee had a chance to meet to discuss the scholarship fund. Katie Stettler stated they would like to wait until

late fall/early winter. Lorrie Tily said she would take it off the agenda until further notice from Katie.

VP Updates – Joe Reynolds stated that he and Jim would be mowing in the Finger Lakes Forest this week.

The meeting was adjourned at 6:56