



50th HARTSHORNE MEMORIAL MASTERS MILE
Cornell Upstate Challenge T&F Meet
January 21, 2017
Barton Hall Ithaca, NY

FINAL RESULTS

MEN

Top 3 Age Graded

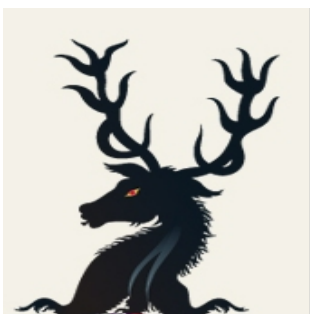
	Name	Age	City/St	Time	Age Grad %
Nolan	Shaheed	67	Pasadena, CA	05:15.91	93.33%
Peter	Brady	45	Jersey City, NJ	04:30.09	90.58%
Kent	Lemme	50	Pittsfield, MA	04:42.18	90.19%

All Competitors by Finish Time

Place	Name	Age	City/St	Time	Age Grad %
1	Peter Brady	45	Jersey City, NJ	04:30.09	90.58%
2	Mark Williams	44	Columbia, NJ	04:31.68	89.36%
3	Scott Weeks	44	Groton, NY	04:33.56	88.74%
4	Kent Lemme	50	Pittsfield, MA	04:42.18	90.19%
5	Jay Brecher	42	Toronto, ON, Canada	04:43.66	84.29%
6	Bill Wells	42	Toronto, ON, Canada	04:45.60	83.72%
7	Mike Nier	52	Rochester, NY	04:55.00	87.68%
8	Stuart Galloway	55	Fonthill, ON, Canada	04:57.71	89.07%
9	Jeff Conston	48	Hopewell Jct, NY	04:59.08	83.74%
10	Adam Engst	49	Ithaca, NY	05:00.24	84.09%
11	Matt Guild	53	Bellows Falls, VT	05:03.42	85.95%
12	Darin Brown	49	Madison, NH	05:04.43	82.93%
13	Joseph Mora	55	Fayetteville, NY	05:04.57	87.06%
14	Tim Rieth	41	Rochester, NY	05:05.64	77.64%
15	Casey Carlstrom	57	Ithaca, NY	05:11.42	86.60%
16	Alexander Colvin	49	Ithaca, NY	05:12.15	80.88%
17	Francis Burdett	51	Worcester, MA	05:14.20	81.66%
18	Neal Coffey	55	Cazenovia, NY	05:15.41	84.07%
19	Nolan Shaheed	67	Pasadena, CA	05:15.91	93.33%
20	Robert Liebers	59	Lakewood, NY	05:20.36	85.64%
21	Gary Radford	60	Cicero, NY	05:23.12	85.65%
22	Stephen Chantry	62	Williamsburg, VA	05:23.66	87.04%
23	Chuck Shields	57	Abington, PA	05:23.77	83.30%
24	Leo Kolshorn	43	Hawley, PA	05:24.58	74.22%
25	Timothy Riccardi	58	Syracuse, NY	05:24.95	83.70%
26	Scott Armstrong	54	Pottstown, PA	05:30.42	79.59%
27	Keith Eggleston	57	Groton, NY	05:31.33	81.40%
28	Robert Mozo	54	Clay, NY	05:32.05	79.20%
29	John Matthews	60	Canton, CT	05:39.94	81.41%
30	Mark North	53	Lancaster, PA	05:46.28	75.31%
31	Javier Martinez	46	Baldwinsville, NY	05:46.67	71.13%

All Competitors by Finish Time

Place	Name	Age	City/St	Time	Age Grad %
32	Jean-Luc Jannink	50	Ithaca, NY	05:47.41	73.25%
33	Robert Swizdor	51	Ithaca, NY	05:47.60	73.81%
34	Jim Vandish	46	Oswego, NY	05:50.88	70.27%
35	Gregory Green	44	Ithaca, NY	05:51.98	68.97%
36	Dave Laris	54	Clay, NY	05:56.50	73.76%
37	Spider Rossiter	65	Washington DC	05:59.47	80.52%
38	Mark Rybinski	61	Manlius, NY	06:00.24	77.51%
39	Oliver Habicht	49	Ithaca, NY	06:09.19	68.38%
40	David Bowen	64	Rochester, NY	06:15.42	76.40%
41	Rick Cleary	60	Wellesley, MA	06:18.22	73.17%
42	Walter Faion	56	Oakville, ON, Canada	06:21.10	70.17%



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Men Elite 40's

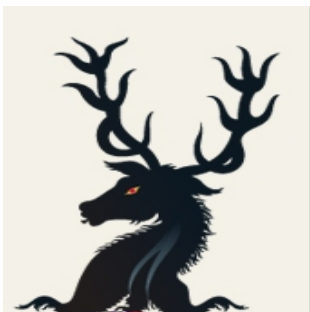
Rabbit: Ben Rainero (Ithaca, NY)

Competitors by Finish Time

Place	Name	Age	City/St	Time	Age Grad %
1	Peter Brady	45	Jersey City, NJ	04:30.09	90.58%
2	Mark Williams	44	Columbia, NJ	04:31.68	89.36%
3	Scott Weeks	44	Groton, NY	04:33.56	88.74%
4	Jay Brecher	42	Toronto, ON, Canada	04:43.66	84.29%
5	Bill Wells	42	Toronto, ON, Canada	04:45.60	83.72%
6	Jeff Conston	48	Hopewell Jct, NY	04:59.08	83.74%
7	Adam Engst	49	Ithaca, NY	05:00.24	84.09%
8	Darin Brown	49	Madison, NH	05:04.43	82.93%

Competitors by Age Graded

Place	Name	Age	City/St	Time	Age Grad %
1	Peter Brady	45	Jersey City, NJ	04:30.09	90.58%
2	Mark Williams	44	Columbia, NJ	04:31.68	89.36%
3	Scott Weeks	44	Groton, NY	04:33.56	88.74%
4	Jay Brecher	42	Toronto, ON, Canada	04:43.66	84.29%
5	Adam Engst	49	Ithaca, NY	05:00.24	84.09%
6	Jeff Conston	48	Hopewell Jct, NY	04:59.08	83.74%
7	Bill Wells	42	Toronto, ON, Canada	04:45.60	83.72%
8	Darin Brown	49	Madison, NH	05:04.43	82.93%



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Men Elite 50's

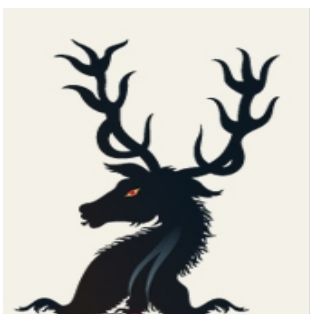
Rabbit: Jay Hubisz (Ithaca, NY)

Competitors by Finish Time

Place	Name	Age	City/St	Time	Age Grad %
1	Kent Lemme	50	Pittsfield, MA	04:42.18	90.19%
2	Mike Nier	52	Rochester, NY	04:55.00	87.68%
3	Stuart Galloway	55	Fonthill, ON, Canada	04:57.71	89.07%
4	Matt Guild	53	Bellows Falls, VT	05:03.42	85.95%
5	Joseph Mora	55	Fayetteville, NY	05:04.57	87.06%
6	Casey Carlstrom	57	Ithaca, NY	05:11.42	86.60%
7	Francis Burdett	51	Worcester, MA	05:14.20	81.66%
8	Nolan Shaheed	67	Pasadena, CA	05:15.91	93.33%
9	Stephen Chantry	62	Williamsburg, VA	05:23.66	87.04%

Competitors by Age Graded

Place	Name	Age	City/St	Time	Age Grad %
1	Nolan Shaheed	67	Pasadena, CA	05:15.91	93.33%
2	Kent Lemme	50	Pittsfield, MA	04:42.18	90.19%
3	Stuart Galloway	55	Fonthill, ON, Canada	04:57.71	89.07%
4	Mike Nier	52	Rochester, NY	04:55.00	87.68%
5	Joseph Mora	55	Fayetteville, NY	05:04.57	87.06%
6	Stephen Chantry	62	Williamsburg, VA	05:23.66	87.04%
7	Casey Carlstrom	57	Ithaca, NY	05:11.42	86.60%
8	Matt Guild	53	Bellows Falls, VT	05:03.42	85.95%
9	Francis Burdett	51	Worcester, MA	05:14.20	81.66%



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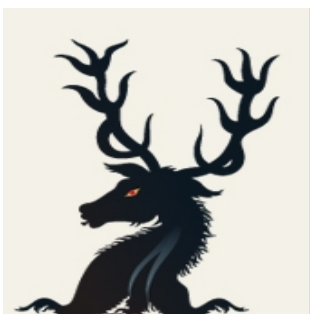
**Men
 Section 1**

Competitors by Finish Time

Place	Name	Age	City/St	Time	Age Grad %
1	Tim Rieth	41	Rochester, NY	05:05.64	77.64%
2	Alexander Colvin	49	Ithaca, NY	05:12.15	80.88%
3	Neal Coffey	55	Cazenovia, NY	05:15.41	84.07%
4	Robert Liebers	59	Lakewood, NY	05:20.36	85.64%
5	Gary Radford	60	Cicero, NY	05:23.12	85.65%
6	Chuck Shields	57	Abington, PA	05:23.77	83.30%
7	Leo Kolshorn	43	Hawley, PA	05:24.58	74.22%
8	Timothy Riccardi	58	Syracuse, NY	05:24.95	83.70%
9	Robert Mozo	54	Clay, NY	05:32.05	79.20%
10	Javier Martinez	46	Baldwinsville, NY	05:46.67	71.13%
11	Mark Rybinski	61	Manlius, NY	06:00.24	77.51%
12	Harold Nolan	69	Navesink, NJ	DNF	

Competitors by Age Graded

Place	Name	Age	City/St	Time	Age Grad %
1	Gary Radford	60	Cicero, NY	05:23.12	85.65%
2	Robert Liebers	59	Lakewood, NY	05:20.36	85.64%
3	Neal Coffey	55	Cazenovia, NY	05:15.41	84.07%
4	Timothy Riccardi	58	Syracuse, NY	05:24.95	83.70%
5	Chuck Shields	57	Abington, PA	05:23.77	83.30%
6	Alexander Colvin	49	Ithaca, NY	05:12.15	80.88%
7	Robert Mozo	54	Clay, NY	05:32.05	79.20%
8	Tim Rieth	41	Rochester, NY	05:05.64	77.64%
9	Mark Rybinski	61	Manlius, NY	06:00.24	77.51%
10	Leo Kolshorn	43	Hawley, PA	05:24.58	74.22%
11	Javier Martinez	46	Baldwinsville, NY	05:46.67	71.13%
12	Harold Nolan	69	Navesink, NJ	DNF	



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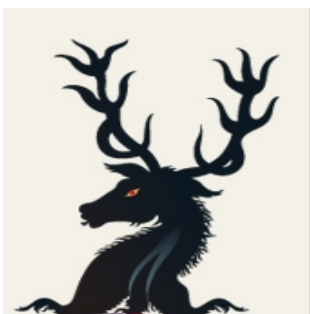
Men Section 2

Competitors by Finish Time

Place	Name	Age	City/St	Time	Age Grad %
1	Scott Armstrong	54	Pottstown, PA	05:30.42	79.59%
2	Keith Eggleston	57	Groton, NY	05:31.33	81.40%
3	John Matthews	60	Canton, CT	05:39.94	81.41%
4	Mark North	53	Lancaster, PA	05:46.28	75.31%
5	Jean-Luc Jannink	50	Ithaca, NY	05:47.41	73.25%
6	Robert Swizdor	51	Ithaca, NY	05:47.60	73.81%
7	Jim Vandish	46	Oswego, NY	05:50.88	70.27%
8	Gregory Green	44	Ithaca, NY	05:51.98	68.97%
9	Dave Laris	54	Clay, NY	05:56.50	73.76%
10	Spider Rossiter	65	Washington DC	05:59.47	80.52%
11	Walter Faion	56	Oakville, ON, Canada	06:21.10	70.17%

Competitors by Age Graded

Place	Name	Age	City/St	Time	Age Grad %
1	John Matthews	60	Canton, CT	05:39.94	81.41%
2	Keith Eggleston	57	Groton, NY	05:31.33	81.40%
3	Spider Rossiter	65	Washington DC	05:59.47	80.52%
4	Scott Armstrong	54	Pottstown, PA	05:30.42	79.59%
5	Mark North	53	Lancaster, PA	05:46.28	75.31%
6	Robert Swizdor	51	Ithaca, NY	05:47.60	73.81%
7	Dave Laris	54	Clay, NY	05:56.50	73.76%
8	Jean-Luc Jannink	50	Ithaca, NY	05:47.41	73.25%
9	Jim Vandish	46	Oswego, NY	05:50.88	70.27%
10	Walter Faion	56	Oakville, ON, Canada	06:21.10	70.17%
11	Gregory Green	44	Ithaca, NY	05:51.98	68.97%



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Men Section 3

Competitors by Finish Time

Place	Name	Age	City/St	Time	Age Grad %
1	Oliver Habicht	49	Ithaca, NY	06:09.19	68.38%
2	David Bowen	64	Rochester, NY	06:15.42	76.40%
3	Rick Cleary	60	Wellesley, MA	06:18.22	73.17%
4	Kevin Nelson	52	Owego, NY	06:23.69	67.41%
5	Ric Bond	59	Liverpool, NY	06:28.01	70.71%
6	Brendan O'Brien	57	Ithaca, NY	06:28.86	69.35%
7	Ken Hodges	63	Ithaca, NY	06:32.80	72.36%
8	David Keifer	70	Dryden, NY	06:39.69	76.09%
9	Anthony Boyadjis	58	Maplewood, NJ	06:41.44	67.75%
10	Tim Payne	66	Oro-Medonte, ON, Canada	06:53.81	70.60%
11	Heriberto Medina	60	Brooklyn, NY	06:54.98	66.69%
12	James Miner	68	Dryden, NY	07:00.04	70.86%
13	Tito Antonetty	59	Rochester, NY	07:03.76	64.75%
14	Hal Lieberman	73	Brooklyn, NY	07:04.61	74.56%
15	Kevin Kelly	65	Fayetteville, NY	07:08.11	67.61%

Competitors by Age Graded

Place	Name	Age	City/St	Time	Age Grad %
1	David Bowen	64	Rochester, NY	06:15.42	76.40%
2	David Keifer	70	Dryden, NY	06:39.69	76.09%
3	Hal Lieberman	73	Brooklyn, NY	07:04.61	74.56%
4	Rick Cleary	60	Wellesley, MA	06:18.22	73.17%
5	Ken Hodges	63	Ithaca, NY	06:32.80	72.36%
6	James Miner	68	Dryden, NY	07:00.04	70.86%
7	Ric Bond	59	Liverpool, NY	06:28.01	70.71%
8	Tim Payne	66	Oro-Medonte, ON, Canada	06:53.81	70.60%
9	Brendan O'Brien	57	Ithaca, NY	06:28.86	69.35%
10	Oliver Habicht	49	Ithaca, NY	06:09.19	68.38%
11	Anthony Boyadjis	58	Maplewood, NJ	06:41.44	67.75%
12	Kevin Kelly	65	Fayetteville, NY	07:08.11	67.61%
13	Kevin Nelson	52	Owego, NY	06:23.69	67.41%
14	Heriberto Medina	60	Brooklyn, NY	06:54.98	66.69%
15	Tito Antonetty	59	Rochester, NY	07:03.76	64.75%



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Men
Section 4

Competitors by Finish Time

Place	Name	Age	City/St	Time	Age Grad %
1	Joseph Reynolds	72	Newfield, NY	07:54.09	65.82%
2	John Saylor	69	Brooktondale, NY	07:59.66	62.70%
3	Fred Robbins	62	Stouffville, ON, Canada	08:29.23	55.32%
4	Harland Bigelow	70	Lisle, New York	09:05.49	55.76%
5	Tom Rishel	75	Ithaca, NY	10:11.21	53.50%
6	Ted Sullivan	84	Williamsville, NY	13:24.63	50.41%
7	Richard Sullivan	88	Buffalo, NY	16:20.64	47.94%
8	Dixon Hemphill	92	Fairfax Station, VA	17:03.86	56.02%

Competitors by Age Graded

Place	Name	Age	City/St	Time	Age Grad %
1	Joseph Reynolds	72	Newfield, NY	07:54.09	65.82%
2	John Saylor	69	Brooktondale, NY	07:59.66	62.70%
3	Dixon Hemphill	92	Fairfax Station, VA	17:03.86	56.02%
4	Harland Bigelow	70	Lisle, New York	09:05.49	55.76%
5	Fred Robbins	62	Stouffville, ON, Canada	08:29.23	55.32%
6	Tom Rishel	75	Ithaca, NY	10:11.21	53.50%
7	Ted Sullivan	84	Williamsville, NY	13:24.63	50.41%
8	Richard Sullivan	88	Buffalo, NY	16:20.64	47.94%



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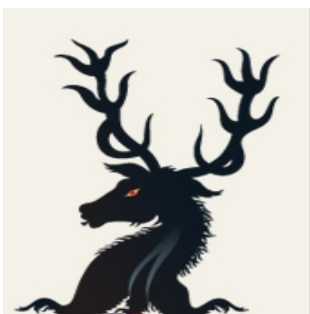
WOMEN

Top 3 Age Graded

	Name	Age	City/St	Time	Age Grad %
Alisa	Harvey	51	Manassas, VA	05:16.27	95.74%
Marisa	Sutera Strange	53	Pleasant Valley, NY	05:25.35	95.53%
Coreen	Steinbach	65	Pompey, NY	06:28.17	95.16%

All Competitors by Finish Time

Place	Name	Age	City/St	Time	Age Grad %
1	Sascha Scott	41	Syracuse, NY	04:58.47	89.92%
2	Renee Tolan	42	Clifton Park, NY	05:14.31	86.33%
3	Christy Peterson	42	North Wales, PA	05:16.17	85.82%
4	Alisa Harvey	51	Manassas, VA	05:16.27	95.74%
5	Heather Webster	43	Honeoye Falls, NY	05:21.29	85.44%
6	Marisa Sutera Strange	53	Pleasant Valley, NY	05:25.35	95.53%
7	Dianne Deoliveira	46	Brick, NJ	05:38.55	84.03%
8	Lorraine Jasper	55	Birchrunville, PA	05:41.03	93.61%
9	Kathleen Hayden	51	Rochester, NY	05:55.37	85.21%
10	Karyl Sargent	53	Lafayette, NY	06:01.95	85.87%
11	Mary Swan	55	Penn Valley, PA	06:06.97	87.00%
12	Coreen Steinbach	65	Pompey, NY	06:28.17	95.16%
13	Sandra Gregorich	54	Madison, WI	06:30.32	80.70%
14	Tonya Engst	49	Ithaca, NY	06:48.81	72.21%
15	Colleen Magnussen	56	Geneseo, NY	06:50.97	78.75%
16	Patti Ford	61	Pompey, NY	06:52.97	84.17%
17	Lorrie Tily	55	Locke, NY	07:02.90	75.49%
18	Shiobbean Lemme	49	Pittsfield, MA	07:21.22	66.91%
19	Christine Klein	52	Churchville, NY	07:33.21	67.68%
20	Sharon Kelly	46	Fayetteville, NY	07:43.17	61.42%



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Women Elite 40's

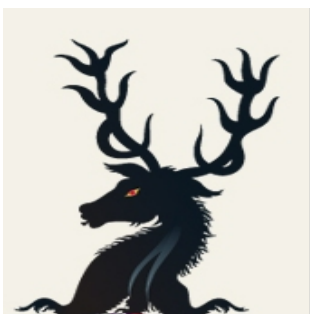
Rabbit: Julie Quinn (Ithaca, NY)

Competitors by Finish Time

Place	Name	Age	City/St	Time	Age Grad %
1	Sascha Scott	41	Syracuse, NY	04:58.47	89.92%
2	Renee Tolan	42	Clifton Park, NY	05:14.31	86.33%
3	Christy Peterson	42	North Wales, PA	05:16.17	85.82%
4	Heather Webster	43	Honeoye Falls, NY	05:21.29	85.44%
5	Dianne Deoliveira	46	Brick, NJ	05:38.55	84.03%

Competitors by Age Graded

Place	Name	Age	City/St	Time	Age Grad %
1	Sascha Scott	41	Syracuse, NY	04:58.47	89.92%
2	Renee Tolan	42	Clifton Park, NY	05:14.31	86.33%
3	Christy Peterson	42	North Wales, PA	05:16.17	85.82%
4	Heather Webster	43	Honeoye Falls, NY	05:21.29	85.44%
5	Dianne Deoliveira	46	Brick, NJ	05:38.55	84.03%



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**Women
Elite 50's**

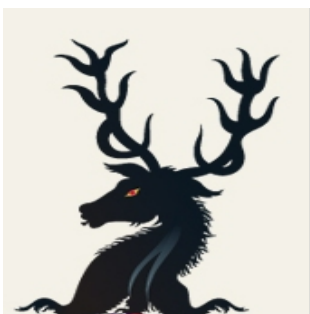
Rabbit: Jullien Flynn (Ithaca, NY)

Competitors by Finish Time

Place	Name	Age	City/St	Time	Age Grad %
1	Alisa Harvey	51	Manassas, VA	05:16.27	95.74%
2	Marisa Sutura Strange	53	Pleasant Valley, NY	05:25.35	95.53%
3	Lorraine Jasper	55	Birchrunville, PA	05:41.03	93.61%
4	Kathleen Hayden	51	Rochester, NY	05:55.37	85.21%
5	Karyl Sargent	53	Lafayette, NY	06:01.95	85.87%
6	Mary Swan	55	Penn Valley, PA	06:06.97	87.00%
7	Coreen Steinbach	65	Pompey, NY	06:28.17	95.16%
8	Sandra Gregorich	54	Madison, WI	06:30.32	80.70%
9	Patti Ford	61	Pompey, NY	06:52.97	84.17%

Competitors by Age Graded

Place	Name	Age	City/St	Time	Age Grad %
1	Alisa Harvey	51	Manassas, VA	05:16.27	95.74%
2	Marisa Sutura Strange	53	Pleasant Valley, NY	05:25.35	95.53%
3	Coreen Steinbach	65	Pompey, NY	06:28.17	95.16%
4	Lorraine Jasper	55	Birchrunville, PA	05:41.03	93.61%
5	Mary Swan	55	Penn Valley, PA	06:06.97	87.00%
6	Karyl Sargent	53	Lafayette, NY	06:01.95	85.87%
7	Kathleen Hayden	51	Rochester, NY	05:55.37	85.21%
8	Patti Ford	61	Pompey, NY	06:52.97	84.17%
9	Sandra Gregorich	54	Madison, WI	06:30.32	80.70%



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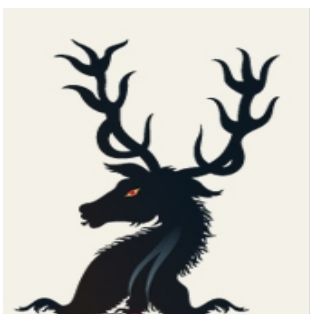
**Women
Section 1**

Competitors by Finish Time

Place	Name	Age	City/St	Time	Age Grad %
1	Tonya Engst	49	Ithaca, NY	06:48.81	72.21%
2	Colleen Magnussen	56	Geneseo, NY	06:50.97	78.75%
3	Lorrie Tily	55	Locke, NY	07:02.90	75.49%
4	Shiobbean Lemme	49	Pittsfield, MA	07:21.22	66.91%
5	Christine Klein	52	Churchville, NY	07:33.21	67.68%
6	Sharon Kelly	46	Fayetteville, NY	07:43.17	61.42%
7	Deborah Bliss	69	Spencer, NY	07:57.06	82.62%
8	Nancy Morrison	64	East Amherst, NY	08:05.47	74.92%

Competitors by Age Graded

Place	Name	Age	City/St	Time	Age Grad %
1	Deborah Bliss	69	Spencer, NY	07:57.06	82.62%
2	Colleen Magnussen	56	Geneseo, NY	06:50.97	78.75%
3	Lorrie Tily	55	Locke, NY	07:02.90	75.49%
4	Nancy Morrison	64	East Amherst, NY	08:05.47	74.92%
5	Tonya Engst	49	Ithaca, NY	06:48.81	72.21%
6	Christine Klein	52	Churchville, NY	07:33.21	67.68%
7	Shiobbean Lemme	49	Pittsfield, MA	07:21.22	66.91%
8	Sharon Kelly	46	Fayetteville, NY	07:43.17	61.42%



50th HARTSHORNE MEMORIAL MASTERS MILE

Cornell Upstate Challenge T&F Meet

January 21, 2017

Barton Hall Ithaca, NY

FINAL RESULTS

Women Section 2

Competitors by Finish Time

Place	Name	Age	City/St	Time	Age Grad %	
1	Nancy	Konyu	61	Oro-Medonte, ON, Canada	08:40.37	66.79%
2	Deborah	Morrison	57	East Amherst, NY	08:52.91	61.58%
3	Sandy	Balling	70	Tonawanda, NY	10:07.78	65.96%
4	Christa	Maier	76	Williamsville, NY	10:59.88	67.67%
5	Edna	Hyer	82	South Wales, NY	13:44.91	61.43%

Competitors by Age Graded

Place	Name	Age	City/St	Time	Age Grad %	
1	Christa	Maier	76	Williamsville, NY	10:59.88	67.67%
2	Nancy	Konyu	61	Oro-Medonte, ON, Canada	08:40.37	66.79%
3	Sandy	Balling	70	Tonawanda, NY	10:07.78	65.96%
4	Deborah	Morrison	57	East Amherst, NY	08:52.91	61.58%
5	Edna	Hyer	82	South Wales, NY	13:44.91	61.43%

Hartshorne Memorial Masters Mile Meet Records

<u>MEN</u>				
M40	04:17.08	Jim Sorensen	San Leandro, CA	2009
M50	04:35.27	Anselm Lebourne	Maplewood, NJ	2010
<u>WOMEN</u>				
W40	04:49.82	Sonja Friend-Uhl	Brentwood, TN	2012
W50	05:10.87	Maureen de St. Croix	Vancouver, BC	2005

Hartshorne 2016 Winners

<u>MEN</u>				
M40	04:33.04	Mark Williams (43)	Columbia, NJ	
M50	04:46.73	Jim Derick (50)	Big Flats, NY	
<u>WOMEN</u>				
W40	04:54.55	Sascha Scott (40)	Syracuse, NY	
W50	05:14.25	Alisa Harvey (50)	Manassas, VA	

USATF American Masters 1 Mile Indoor Track Records

<u>MEN</u>				
40-44	03:54.91	Bernard Lagat (40)	New York, NY	2015-Feb-14
45-49	04:12.33	John Trautmann (46)	Boston, MA	2015-Feb-14
50-54	04:23.07	Sean Wade (50)	Boston, MA	2016-Feb-6
55-59	04:42.89	Nolan Shaheed (56)	Boston, MA	2006-Mar-25
60-64	04:50.95	Nolan Shaheed (62)	Ithaca, NY	2012-Jan-21
65-69	05:11.43	Frank Condon (65)	Boston, MA	2008-Mar-28
70-74	05:32.40	Scotty Carter (70)		1987-Mar-15
75-79	06:22.06	James Sutton (75)	Bethlehem, PA	2007-Feb-24
80-84	06:42.10	Inocencio Cantu (80)	Boston, MA	2014-Mar-15
85-89	08:33.11	Vincent Malizia (85)	Boston, MA	2000-Mar-25
90-94	09:56.58	Orville Rogers (90)	Boston, MA	2008-Mar-29
<u>WOMEN</u>				
40-44	04:44.81	Sonja Friend-Uhl (40)	Blacksburg, VA	2012-Mar-03
45-49	05:04.02	Alisa Harvey (45)	Annapolis, MD	2011-Jan-15
50-54	05:08.65	Monica Joyce (51)	University Ctr, MI	2010-Jan-29
55-59	05:19.87	Kathryn Martin (55)	New York, NY	2007-Mar-02
60-64	05:47.25	Kathryn Martin (60)	Boston, MA	2014-Mar-15
65-69	06:16.26	Marie Michelsohn (65)	Boston, MA	2007-Mar-24
70-74	06:45.80	Marie Michelsohn (70)	New York, NY	2012-Feb-09
75-79	07:13.51	Jeanne Daprano (75)	Bloomington, IN	2012-Mar-17
80-84	10:54.48	Gerry Davidson (84)	Nampa, ND	2005-Mar-12

World 1 Mile Indoor Track Records

<u>MEN</u>				
M 40	03:54.91	Bernard Lagat, USA (40)	New York	2015-Feb-14
M 45	04:16.83	Brad Barton, USA (46)	New York	2013-Mar-02
M 50	04:26.75	Nolan Shaheed, USA (51)	New York	2002-Mar-02
M 55	04:42.89	Nolan Shaheed, USA (56)	Boston, MA	2006-Mar-25
M 60	04:50.95	Nolan Shaheed, USA (62)	Ithaca, NY	2012-Jan-21
M 65	05:11.43	Frank Condon, USA (65)	Boston, MA	2008-Mar-28
M 70	05:32.40	Scotty Carter, USA (70)		1987-Mar-15
M 75	05:41.95	Earl Fee, CAN (75)	Boston, MA	2003-Mar-26
M 80	06:42.10	Inocencio Cantu (80)	Boston, MA	2014-Mar-14
M 85	08:33.11	Vincent Malizia, USA (85)		2000-Mar-25
M 90	09:56.58	Orville Rogers, USA (90)	Boston, MA	2008-Mar-29
<u>WOMEN</u>				
W 40	04:44.81	Sonja Friend-Uhl, USA (40)	Blacksburg, VA	2012-Mar-03
W 45	04:54.82	Corinne Debaets, BEL (45)	Gent, BEL	2008-Dec-26
W 50	05:07.32	Clare Elms, GBR (51)	London, GBR	2015-Apr-02
W 55	05:19.87	Kathryn Martin, USA (55)	New York	2007-Mar-02
W 60	05:47.25	Kathryn Martin, USA (60)	Boston, MA	2014-Mar-15
W 65	06:05.85	Ros Tabor, GBR (65)	London, GBR	2015-Apr-02
W 70	06:45.80	Marie Michelsohn, USA (70)	New York	2012-Feb-09
W 75	07:13.51	Jeanne Daprano, USA (75)	Bloomington	2012-Mar-17
W 80	08:19.07	Helly Visser, CAN (80)	Edmonton, CAN	2014-Mar-15
W 85	13:00.96	Ivy Granstrom, CAN (87)	Boston, MA	1999-Mar-27

CMA Canadian Masters 1 Mile Indoor Track Records

<u>MEN</u>				
M 40	04:15.47	Dave Stewart (41)	NJ, USA	1990-Mar-9
M 45	04:31.49	Alain Boucher (45)	Ithaca, NY	2009-Jan-24
M 50	04:36.65	Roly McSorley (50)	Brunswick, NJ	2001-Feb-24
M 55	04:45.82	Stuart Galloway (55)	NY, NY	2016-Mar-4
M 60	05:12.90	Earl Fee (64)	Hamilton, ON	1994-Jan-12
M 65	05:13.30	Earl Fee (67)	Warren, MI	1996-Mar-23
M 70	05:39.52	Earl Fee (74)	Ithaca, NY	2001-Jan-20
M 75	05:41.95	Earl Fee (75)	Boston, MA	2004-Mar-26
M 80	06:44.44	Ed Whitlock (82)	Toronto, ON	2014-Feb-2
<u>WOMEN</u>				
W 40	04:57.71	Patty Blanchard (41)	Boston, MA	1999-Mar-7
W 45	05:08.60	Patty Blanchard (45)		2003-Jan-25
W 50	05:10.87	Maureen De St. Croix (52)	Ithaca, NY	2005-Jan-22
W 55	05:19.87	Kathryn Martin (55)	NY, NY	2007-Mar-2
W 60	06:55.30	Clara Northcott (61)	Toronto, ON	2016-Feb-21
W 65	07:02.93	Helly Visser (66)	Calgary, AB	2001-Feb-24
W 70	07:20.42	Jean Horne (74)	Toronto, ON	2007-Feb-11
W 75	08:05.93	Helly Visser (77)	Edmonton, AB	2011-Feb-13
W 80	08:19.70	Helly Visser (80)	Edmonton, AB	2014-Mar-15
W 85	13:00.96	Ivy Granstrom (87)	Boston, MA	1999-Mar-27